

# Trauma-Informed Approach in Adolescent Health




## Prioritizing Opportunities for Improvement

**For facilitators:** Your team has gathered information and identified strengths and opportunities for improvement. Now it's time to prioritize the opportunities you identified. Using the worksheet below, list each opportunity identified in alignment with one of the six core principles of a trauma-informed approach.

Lead your team in a discussion, answering the following questions for each row of opportunities:

- What impact will this action or change have on the youth we serve, our partners, and our staff?
- How will the youth we serve, our partners, and our staff be impacted if we don't address this opportunity?
- What cost is associated with this action or change?

Rank each row of opportunities from highest priority (1) to lowest priority (6) based on your discussion. Aim to prioritize opportunities that will have the greatest impact and lowest cost first. Choose one of the core principles and aligned opportunities to focus the team's initial plan for improvement.

Core Principles	Identified Opportunities for Improvement	Impact	Cost	Priority Ranking (1-6)
 Safety				1 2 3 4 5 6
 Trustworthiness and transparency				1 2 3 4 5 6
 Peer support				1 2 3 4 5 6
 Collaboration and mutuality				1 2 3 4 5 6
 Empowerment, voice, and choice				1 2 3 4 5 6
 Cultural and historical awareness				1 2 3 4 5 6