



Video Transcript: Providing Quality Family Planning Services in the United States

Speaker 1 (00:00): Providing Quality Family Planning Services in the United States. Introducing new recommendations for sexual and reproductive health services. Sexual and reproductive health is a key aspect of people's overall health and quality of life. The Providing Quality Family Planning Services Recommendations, known as QFP, outline how to provide people with high-quality, person-centered, equitable, and inclusive sexual and reproductive health services.

(00:32): The new 2024 QFP recommendations are an update to those originally published in 2014. QFP 2024 is grounded in a health equity framework that supports all people in meeting their sexual and reproductive health needs and goals, regardless of gender identity, sexual orientation, age, ability, race, or ethnicity. Developed by the Office of Population Affairs within the Office of the Assistant Secretary for Health, the QFP recommendations are intended to set the standard of sexual and reproductive health care and be used by all staff and providers of sexual and reproductive health services working in diverse clinical settings. The QFP provides recommendations for how to determine someone's need and desire for sexual and reproductive health services, including how to take a sexual history and screen for reproductive desires and related care in a person-centered way.

(01:32): The QFP also provides recommendations for contraceptive care, STI and HIV services, family building, including strategies for ensuring a healthy pregnancy and basic infertility services, pregnancy testing and counseling, early pregnancy management, and screening and other preventive health services, including healthy weight, screening for chronic medical conditions and cancer, immunizations, gender-affirming care, perimenopausal care, mental health, alcohol and other substance use, sexual violence and intimate partner violence, and human trafficking. The QFP 2024 provides a vision for quality sexual and reproductive health care that emphasizes person centeredness, inclusion, and equity.

(02:23): The goal is that all people can participate and benefit from sexual and reproductive health services, and that those services focus on an individual person's needs, values, and preferences. Explore the QFP recommendations and find supportive resources to help you implement the recommendations at QFPGuide.org. This video was produced by the Reproductive Health National Training Center, RHNTC.