CULTURAL COMPETENCY IN FAMILY PLANNING CARE: WORKSHEET

## PREVENTING UNCONSCIOUS BIAS: TURNING LEARNING INTO ACTION



One of the most effective ways to integrate and sustain new behaviors or practices is to create a detailed action plan. How do you plan to turn this learning experience into action?

## My goal is to (select all that apply):

prevent unconscious bias from affecting the care I provide my clients provide more culturally competent care to my patients work more effectively with my colleagues

feel more comfortable when interacting with people from a different culture than my own treat everyone in a way that is consistent with my personal values

The bias prevention strategies I plan to incorporate and use in my daily work (select all that apply):

STRATEGIES I PLAN TO USE	THIS COULD HELP ADDRESS:	CHANGES I PLAN TO MAKE TO THE WAY I WORK:	STEPS I NEED TO TAKE TO MAKE THOSE CHANGES:
Take a universal precautions approach			
Implement CLAS standards			
Counter-stereotype imaging			
Use evidence-based recommendations			
Practice perspective-taking			
Find common ground			
Practice self-care			
Other			