

# Addressing Social Determinants of Health in Family Planning Care



## Question Guide

Reflect on the following questions or guide a team discussion about how to address social determinants of health while providing family planning services

1. What are some examples of structural and social determinants of health in the community our family planning project serves that contribute to health inequities and health disparities?

2. What are some examples in the community we serve of how racism as a system of oppression drives social determinants of health? And health disparities?

3. What are some of the barriers rooted in social determinants of health that may make potential clients hesitant or unable to access our family planning services?

4. Has our family planning project worked to address social determinants of health faced by our clients? If so, how?

5. Family planning projects can address social determinants of health for their clients in a variety of ways (e.g., screening, expanding referrals, forming and/or engaging a community advisory board, developing partnerships with other community agencies). What additional steps can our family planning project take to address social determinants of health for our clients?

6. Which agencies, programs, and service providers could we partner with and/or refer participants to for needed services and support? Examples of community partner agencies include:
- Other health care services
  - Behavioral health services
  - Food and nutrition programs
  - Housing programs
  - Education and employment programs
  - Youth-serving programs
  - Programs offering peer support services and/or support groups
  - Legal aid programs
7. What is one next step we can take to improve our family planning project's capacity to provide client-centered care that takes into account social determinants of health?

## Resources

The following resources provide overview information on social determinants of health:

- [Social Determinants of Health: Know What Affects Health](#). Centers for Disease Control and Prevention
- [Social Determinants of Health. Healthy People 2030](#). U.S. Department of Health and Human Services
- [Social Determinants of Health Literature Summaries. Healthy People 2030](#). U.S. Department of Health and Human Services