

UNIVERSAL, CULTURAL, OR PERSONAL?

This exercise contains a list of behaviors. Put an “X” in the appropriate column, depending on if you think the behavior is universal, cultural, or personal.

	Universal	Cultural	Personal
Running from a dangerous animal			
Considering snakes to be “evil”			
Preferring playing soccer to reading a book			
Showing respect by bowing to or kneeling to older people			
Eating dessert after dinner			
Eating food on a regular basis			
Making eye contact to show respect			
Greeting someone by kissing them on the cheek			
Calling a server in a restaurant with a hissing sound			
Feeling sad at the death of a close relative			
Eating rice by hand			
Eating with a knife and fork			
Encouraging girls to finish school before getting pregnant			
Greet friends by kissing both cheeks			
Bowing or kneeling as a greeting			
Taking a shower at night			
Putting a napkin on the lap when you sit down to eat			
Loudly slurping noodles			
Wearing black clothes after the death of a close relative			
Wearing black clothes to a party			
Giving gifts/ money only with right hand			
Writing with right hand			
Asking a seller if you can pay \$0.50 instead of \$0.75 for a tomato			
Drinking hot water, because it is better for your health			
Not wanting to use oral contraceptives because of hormones			