

VIDEO TRANSCRIPT:

Initiating Long-Acting Contraceptive Methods: The Provider Perspective

Erin Cooke, APRN:

I think as a provider, it's important to provide the patient with the method of choice on the same day, because it's going to increase patient satisfaction. If they get the method that they want, the chance of them continuing that method is going to be higher.

Dr. Raphael G. Stimphil, MD, FACOG:

When patients hear that they're coming in, and they express their concern about having a method, and we say to them, "Oh. You can have it inserted today." Their eyes light up, and they're like, "I don't have to come back? You have it here?" "Yes. We have it here. We can put it today. Let's get it done."

Susan Kilburn, APRN:

Almost all of our patients are Quick Start, and that includes the LARC methods on the same day that they come in, if they're a good candidate.

Cindy Griffin, APRN:

I've been with Public Health for 23 years, so there I've seen a major change in how LARCs are offered. Previously, women would have to come in. They'd have to get their exam. You'd need to make sure that they were in a monogamous relationship, and never had STD. We had all their results on their chart. We didn't put them in except when women were on their period. And so, there was all these barriers to putting in LARCs. Having LARCs available on the same day that the patient wants it is remarkable. We need to take every barrier away that we can, that will allow them to have the choices they want, at a time when they want it.

Erin Cooke, APRN:

The patient wants a LARC method, and we provide it the same day. That prevents an issue with the patient having to come back to the clinics. A lot of times, patients don't have childcare. This is the only day that they've been able to get a babysitter, or they don't have reliable transportation. They're taking the bus, or this is the only day they're going to be able to get off work. So, it prevents the risk of an unplanned pregnancy, because they're going to forget a pill, or forget to come back for their next depo, or not be able to take another day off work to come back and get that LARC method.

Dr. David Holcombe, MD, MSA:

Our patients are very receptive to this, because they understand the advantage. But also, surrounding providers are. So, we actually get referrals here, because the folks around here know that we will provide those services on the same day.

Norma Porter, DNP:

The nursing staff has been tremendous, as far as educating the patients, and as far as helping us to prepare for the procedure itself. So then, I'm not running around trying to get supplies together, because that would take up more time. By streamlining the process, we've been able to more efficient in clinic, and that's why we're able to do procedures same day, unplanned, unscheduled, and still complete our clinic in a timely way.

Dr. Carmen Sultana, MD, FACOG:

The goal of offering the patient the method at the same visit is really about putting the patient first. It's really thinking about what would I want if I were the patient? Can we minimize the number of hoops that we ask a patient to jump through before they can walk out with the birth control method of their choice? We should look at each visit as an opportunity to provide all the services that we need to give the patient in one stop shopping.