


Welcome to today's webinar


Caring for Adolescent and Young Adult Males: Tools for Clinicians

Phone lines have been muted upon entry.
The webinar will begin at 3:00 pm Eastern Time.

The host and presenters are currently in a subconference.
If you have urgent questions, please call 510-835-3700.




To use your computer speakers for audio, select "Audio Conference."



To connect via telephone, select "I will call in" and use the following:
Toll-free #: 1-877-668-4490
Access Code: 662 986 776


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Materials for today's webinar are posted on the NTC event page at:

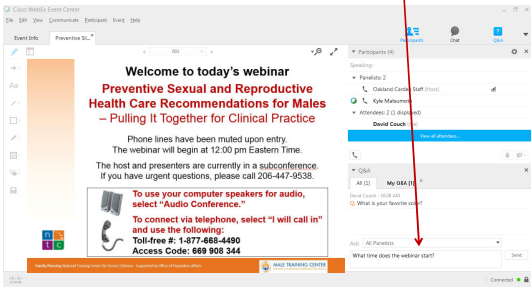
<http://fpntc.org/event/caring-for-adolescent-and-young-adult-males-tools-for-clinicians>

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You may ask a written question at any time.

Send questions through "Q&A"

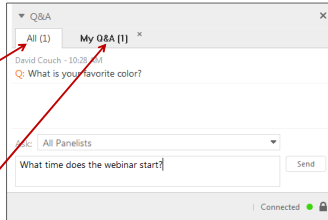


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I will **type** responses to technical questions. Presenters will address most content-related questions **verbally** at designated Question & Answer periods.

Click the "All" tab to see all typed questions and answers.

Click the "My Q&A" tab to see the questions **you** asked and our answers.



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CNE Disclosures and Conflicts of Interest

The planners and presenters of this CNE activity have disclosed no conflict of interest including no relevant financial relationships with any commercial companies pertaining to this CNE activity.



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Caring for Adolescent and Young Adult Males: Tools for Clinicians



The Health Provider Toolkit for Adolescent and Young Adult Males
Engaging Young Men Into Care
Dennis J. Barbour, JD
David L. Bell, MD, MPH
October 16, 2014



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Acknowledgements

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Learning Objectives

Upon completion of this webinar participants will be able to:

1. Describe the unique health care needs of males ages 12 through 26
2. Identify resources available to assist in delivering health care to this population
3. Identify ways that resources for the care of young men can be integrated into professional practice in the clinic setting



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Today's Speakers

Dennis Barbour, JD
The Boys Initiative and
The Partnership for Male Youth
Washington, DC

David L. Bell, MD, MPH
Columbia University Medical Center (CUMC)
New York, NY



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Part One:
**The Partnership for Male Youth and
The Health Provider Toolkit**

Dennis J. Barbour, JD
Executive Director
The Partnership for Male Youth

No relationships to disclose

What is the Partnership?

**22 national health organizations and six federal
agencies**

**The Partnership for Male Youth
Partner Organizations as of September 2014**

- Advocates for Youth
- American Association of Suicidology
- American Sexual Health Association
- American Society for Men's Health
- American Academy of Child and Adolescent Psychiatry
- Association of Reproductive Health Professionals
- The Boys Initiative
- California Adolescent Health Collaborative
- Center for Health and Health Care in Schools
- The Foundation for Men's Health
- Healthy Teen Network
- International Society of Men's Health
- The Jed Foundation
- Joint Center for Economic and Political Studies
- National Alliance to Advance Adolescent Health
- National Association of Pediatric Nurse Practitioners
- National Association of School Nurses
- National Family Planning and Reproductive Health Association
- Physicians for Reproductive Health
- School Based Health Alliance
- SHAPE America
- Society for the Psychological Study of Men and Masculinity

Liaisons from:
Agency for Healthcare Research and Quality
Centers for Disease Control and Prevention
Child and Adolescent Health Bureau, HRSA
Office of Adolescent Health

Office of Family Planning, Office of
Population Affairs, DHHS
Substance Abuse and Mental Health Services
Administration

**Compared to females,
Adolescent and young adult (AYA) males**

- Are 4X more likely to die of homicides or completed suicides
- Are 2X more likely to have an unintended injury
- Are more likely to engage in substance abuse.
- Are 3X more likely to have an ADHD diagnosis
- Are more likely to have anxiety and other depressive disorders that lead to gender based risky behaviors and violence

**Compared with females,
AYA males are less likely to have..**

- *a usual source of health care,*
- *visited a doctor in the past 12 months ,*
- *had an emergency department visit in the past 12 months*

**What's the main reason young males
receive inadequate healthcare?**



So we asked some questions

- Who is providing care, in what clinical environments and in what specialty areas?
- Is there a consensus among stakeholders that a toolkit approach is needed and appropriate? (interviews with over 150 organizations, researchers and health care providers)

CONCLUSION: THIS IS NEEDED

Who did this work?

**Steering Committee
and
Advisory Board**

Clinicians from the fields of reproductive health, mental health, social work, substance abuse, primary care, preventive medicine and urology

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What is it?

The Partnership for Male Youth

Health Provider Toolkit for Adolescent and Young Adult Males

[Home](#)
[Provider Checklist](#)
[Toolkit Development](#)
[Toolkit Tutorial](#)
[Project Background](#)
[Video Library](#)

COMMENT

HEALTH PROVIDER TOOLKIT FOR ADOLESCENT AND YOUNG ADULT MALES

This clinical toolkit is a health care provider use resource available to adolescent and young adult (AYA) males between the ages of 10 to 20. It is designed to address AYA male unique health care needs. The toolkit contains two main components:

- A customizable checklist to guide providers that covers nine domains (see navigation bar at top right) covering the basic care of AYA males and their psychosocial and legal aspects.
- A compilation of suggested patient screening questions for each domain.

Suggested materials for each domain consisting of background information, practice tools and worksheets.

- A **clinical staging of CARE**, and patient education presentation on subjects covered by the toolkit.

The clinical toolkit was developed upon the guidance of a multi-disciplinary team of nationally known clinicians and researchers from the fields of pediatrics, family medicine, adolescent medicine, sexual and reproductive health, psychiatry, psychology, social work, substance use, trauma, violence and sociology. The toolkit will be continually updated with suggestions from users and from focus groups of adolescents and young adult men.

Comments may be submitted through the comment button at the top of each page.

The next navigation bar can provide the reader further the supporting material for each health domain. This material can also be accessed through links embedded in the checklist, which may be accessed through the link above in the left column.

Adolescent topics are featured in the first section, it is advisable to visit this tool frequently. You can print navigable to this page using the main menu at the top of each page.

[GO TO CHECKLIST](#)
[GO TO EXTENSIVE QUESTIONNAIRE](#)
[DOWNLOAD PRINTABLE CHECKLIST | DOWNLOAD SAMPLE PATIENT QUESTIONS](#)

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Health History & Screening

Coverage

History Taking and Physical of Activity Level and Sleep/Hygiene Issues

Trauma

Substance Use Disorders

Physical Examination & Labs

Diseases

Developmental Disorders

Sexual Health, Sexuality

Mental Health Care and Social Support

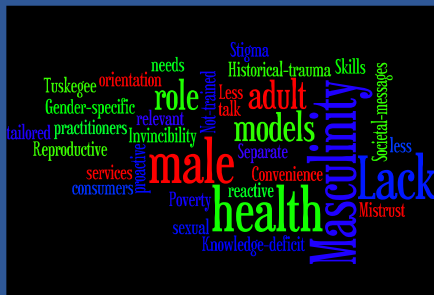
Labs and Investigations

What's Next?

**Part Two:
Engaging Males into Care**

David L. Bell, MD, MPH
Medical Director, Family Planning Program and
Young Men's Clinic
New York Presbyterian Hospital
Associate Professor of Pediatrics and of Population
and Family Health
Columbia University Medical Center
No relationships to disclose

**BARRIERS FOR YOUNG MEN IN
ENTERING THE HC SYSTEM**



FACILITATORS FOR YOUNG MEN IN ENTERING THE HC SYSTEM



Engaging Males



Creating



Staff Training



Guidelines and
Best Practices



Approaches to working with
males



Skills

Guidelines and Best Practices

- AYA Male Health Toolkit
- Arik Marcell, MD – Webinar, October 3rd
www.fpntc.org - Go to "Events" and then click "View past events"

Approaches



Strength-
based



Trauma-
Informed

Strength-based Approach

- Like resiliency, these models are not blind to risk,
 - but they approach them in the context of the young person's strengths.
 - promote strengths,
 - show respect
 - and are more likely to engage the young person in reducing risk.
- Focus on who they are and what the hope to accomplish

What is Trauma?

- Experiences that are:
 - Emotionally painful
 - Distressing
- Reduced capacity to cope.
- "The **powerlessness** that a person experiences is the primary trait of traumatization." ¹



1: Van der Kolk, B. (1996). Trauma and memory in Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body and Society, B. Van der Kolk, A. McFarlane, and L. Weisz, Editors. New York, Guilford Press.

Trauma can be subtle and insidious

Does not have to be outside of our everyday experiences. It can be chronic.

Rich J, Corbin T, Bloom S, Rich L, Evans S, and Wilson A. 2009. Healing the hurt: Trauma-informed approaches to the health of boys and young men of color. Los Angeles, CA: California Endowment, 83 pp.

Gender norms and masculinity can be traumatizing

- Emotional stoicism
- Autonomy/Independence
- Strength
- Self-reliance



Rich J, Corbin T, Bloom S, Rich L, Evans S, and Wilson A. 2009. Healing the hurt: Trauma-informed approaches to the health of boys and young men of color. Los Angeles, CA: California Endowment, 83 pp.

- A program, organization or system can change to be trauma-informed
- Service delivery can often mimic the traumatic experiences that have proven so harmful to the clients served



Substance Abuse and Mental Health Services Administration

Key Principles of a Trauma Informed Approach?

- Safety
- Trustworthiness and Transparency
- Supportive
- Collaboration and Mutuality
- Empowerment

Substance Abuse and Mental Health Services Administration

Our connection can be important!

“The most protective factor for children and adolescents who have experienced trauma is a healthy relationship with at least one caring adult”¹

¹ Rich J, Corbin T, Bloom S, Rich L, Evans S, and Wilson A. 2009. Healing the hurt: Trauma-informed approaches to the health of boys and young men of color. Los Angeles, CA: California Endowment, 83 pp.

Marketing



“In”reach



Outreach

Creative Approaches for “In” and Outreach



- Let your females know.
- Create linkages in the community.
 - Anyone that works with large groups of males in your community

www.partnershipformaleyouth.org



Thank you!



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For the recording of today's webinar, and additional training & resources, visit



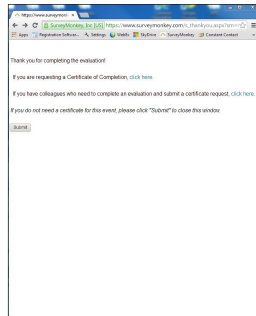
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Do you have colleagues who need to complete the Evaluation?



If yes – click the [link](#).

If no – close the window and have a great day!



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Problems with requesting your certificate?

Contact Jana Dolsen at
510-835-3700 or
oaklandevents@cardeaservices.org
We appreciate your feedback!

Thank you!



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