

Counseling Adolescent Clients to Resist Sexual Coercion



How to Use This Guide	This guide is designed to support facilitation of an interactive discussion about Counseling Adolescent Clients to Resist Sexual Coercion . Facilitators should feel free to adapt and revise this guide. Facilitators may choose to convene a one-time meeting with clinic staff about this topic or include this as part of larger training efforts.
Learning Objectives	By the end of the discussion, participants should be able to: <ul style="list-style-type: none"> » Describe the Title X requirement for counseling adolescents to resist sexual coercion. » Define sexual coercion for adolescent clients. » Start a conversation with adolescents on how to recognize and resist sexual coercion. » Explain what a healthy relationship is and is not to adolescent clients and discuss the characteristics of a healthy relationship. » Show adolescent clients how to use refusal skills techniques to resist sexual coercion.
Length	At least 60 minutes , with more time for discussion as schedules allow.
Materials	<ul style="list-style-type: none"> » PowerPoint Slides with Notes: Slides with speaker notes, activities, and discussion questions » Counseling Adolescent Clients to Resist Sexual Coercion Video: This video demonstrates how to start a conversation with an adolescent client about sexual coercion. » Speakers: To play videos during the session
Format	This discussion is designed to be conducted virtually or in person .
Suggested Participants	Administrative, clinical, and all project personnel
Before You Start...	Facilitators should review the PowerPoint Slides and the Counseling Adolescent Clients to Resist Sexual Coercion Video .

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Introducing the Title X requirement for Counseling Adolescent Clients to Resist Sexual Coercion



10 minutes



Slides 1-4



Present Slide

Facilitate

1 Counseling Adolescents Clients to Resist Sexual Coercion-Updated December 2019

2 Learning objectives

3 Legislative mandate

4 Annual training on sexual coercion

Define sexual coercion for adolescent clients



10 minutes



Slides 5-6



Present Slide

Facilitate

5 What is sexual coercion?

6 Examples of sexual coercion

Start a conversation with adolescents on how to recognize and resist sexual coercion



20 minutes



Slides 7-14



Present Slide

Facilitate

7 Best practices for provider-adolescent communication

8 Safety tip: key recommendation

9 Discussing confidentiality: sample language

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- 10** Mandatory reporting
- 11** Five principles of quality counseling
- 12** Best practices for provider-adolescent communication (cont.)
- 13** Raising the issue: sample language
- 14** Responding to difficult emotions

Strategies for working with adolescent clients on resisting sexual coercion



20 minutes



Slides 15-20



Present Slide

Facilitate

- 15** Healthy relationship wheel & questions
- 16** Relationship spectrum
- 17** Refusal skills for delaying sexual activity
- 18** Refusal skills (cont.)
- 19** Counseling adolescent clients to resist sexual coercion video
 - Activity:**
 - » Watch the video (approximately 7 minutes).
 - Discussion:**
 - » How does the scenario in the video relate to experiences you have had with clients?
 - » What are some approaches you have found helpful for starting a conversation with adolescents about sexual coercion?
 - » What do you find most difficult when talking with adolescents about possible sexual coercion?
 - » What would you document in the client's record?
- 20** Contact us

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