



## High Impact Practice Set (HIPS) for Outpatient Settings: **Caring for People with Substance Use Disorder to Improve Maternal Health**

Substance use disorder (SUD) is a major cause of maternal morbidity and mortality. Sexual and reproductive health care providers have an opportunity to improve maternal health outcomes by supporting clients with SUD. This job aid presents high impact practices to care for people with SUD in the outpatient sexual and reproductive health setting, along with resources to support implementation.

★ Indicates a key practice

### Readiness

HIGH IMPACT PRACTICE	RESOURCE
Provide clients with information related to SUD, harm reduction strategies, and support resources, as indicated.	<a href="#">Treatment of Substance Use Disorders</a>
Prescribe or dispense naloxone to individuals at elevated risk for opioid overdose, and to their friends and family.	<a href="#">Naloxone Toolkit</a> <a href="#">Prescribe to Prevent</a>
Train staff on substance use disorders, including how to provide trauma-informed care to clients with SUD.	<a href="#">CDC Addiction Medicine Toolkit: Training Modules</a> <a href="#">Substance Use &amp; Family Planning Webinar Part 1</a>
Engage relevant partners and collaborate to increase linkages between sexual and reproductive health and SUD services.	<a href="#">Engaging Community Partners Job Aid</a>
Develop and maintain a set of referral resources, and foster communication with other health and social service providers to enhance services and support for clients with SUD.	<a href="#">FindTreatment.gov</a> <a href="#">Local Resource List</a>

### Recognition and Prevention

HIGH IMPACT PRACTICE	RESOURCE
★ Verbally screen all clients for SUD using validated self-reported screening tools.	<a href="#">Implementing Substance Use Screening Toolkit</a>
★ Provide clients with SUD with a warm referral for additional services and resources.	<a href="#">Establishing and Providing Effective Referrals for Clients: A Toolkit for Family Planning Providers</a>

## Recognition and Prevention *Continued*

HIGH IMPACT PRACTICE	RESOURCE
★ Screen for health related social needs. Link clients to resources.	<a href="#">The Accountable Health Communities Health-Related Social Needs Screening Tool</a>

## Response

HIGH IMPACT PRACTICE	RESOURCE
Offer reproductive life planning discussions and resources, including access to a full range of contraceptive options for which the client is medically eligible.	<a href="#">Determining Your Client's Need for Services and Discussing Reproductive Goals eLearning</a> <a href="#">Client-Centered Reproductive Goals and Counseling Flow Chart</a>

## Reporting and Systems Learning

HIGH IMPACT PRACTICE	RESOURCE
Monitor outcomes and process data related to SUD.	<a href="#">High Impact Practice Set (HIPS) for Outpatient Settings: Caring for People with Substance Use Disorder Measurement Tool</a>
Convene partners and community stakeholders—including those with lived experience—to identify opportunities and share strategies for reducing barriers to care and improving outcomes.	<a href="#">Identifying and Analyzing Stakeholders and Their Interests Guide</a>

## Respectful, Supportive, Client-Centered Care

HIGH IMPACT PRACTICE	RESOURCE
Provide client-centered, trauma-informed communication and counseling to support the client in understanding recommendations and options.	<a href="#">ASA Cycles for Patient-Centered Communication Palm Card</a> <a href="#">Words Matter - Terms to Use and Avoid When Talking About Addiction</a>

These practices were adapted from [Alliance for Innovation on Maternal Health \(AIM\) Patient Safety Bundles](#) by the RHNTC in collaboration with the American College of Obstetricians and Gynecologists (ACOG). [Care for Pregnant and Postpartum People With Substance Use Disorder. \(2022\).](#)

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