

# Encouraging Family Participation in Adolescent Decision Making



<b>How to Use This Guide</b>	This guide is designed to support facilitation of an interactive discussion about <b>Encouraging Family Participation in Adolescent Decision Making</b> . Facilitators should feel free to adapt and revise this guide. Facilitators may choose to convene a one-time meeting with clinic staff about this topic or include this as part of larger training efforts.
<b>Learning Objectives</b>	By the end of the discussion, participants should be able to: <ul style="list-style-type: none"> <li>» Describe the Title X requirement for encouraging family participation in the decision of minors to seek family planning services</li> <li>» List the benefits of encouraging family participation for minors</li> <li>» Describe strategies for working with parents/guardians and adolescents to encourage family participation, including sample statements providers can use</li> <li>» Identify resources on how to promote communication strategies between an adolescent and parent/guardian</li> </ul>
<b>Length</b>	At least <b>60 minutes</b> , with more time for discussion as schedules allow.
<b>Materials</b>	<ul style="list-style-type: none"> <li>» <a href="#">PowerPoint Slides with Notes</a>: Slides with speaker notes, activities, and discussion questions</li> <li>» <a href="#">Counseling Adolescent Clients to Encourage Family Participation Video</a>: This video demonstrates how to encourage family participation in an adolescent client's decision to seek family planning services</li> <li>» Speakers: To play videos during the session</li> </ul>
<b>Format</b>	This discussion is designed to be conducted <b>virtually</b> or <b>in person</b> .
<b>Suggested Participants</b>	<b>Administrative, clinical, and all project personnel</b>
<b>Before You Start...</b>	Facilitators should review the <b>PowerPoint Slides</b> and the <b>Counseling Adolescent Clients to Encourage Family Participation Video</b> .

# Encouraging Family Participation in Adolescent Decision Making



Introducing the Title X Requirement for Encouraging Family Participation



10 minutes



Slides 1-5



## Present Slide

## Facilitate

- 1 Encouraging Family Participation in Adolescent Decision Making—Updated October 2019
- 2 Learning objectives
- 3 Title X Statute SEC. 1001(a)
- 4 Legislative mandate
- 5 Annual training on family participation

Benefits of Encouraging Family Participation for Minors



10 minutes



Slides 6-9



## Present Slide

## Facilitate

- 6 Why family participation is important
- 7 Why family participation is important (cont.)  
**Discussion:**
  - » What are some other reasons family participation is important?
- 8 QFP recommendations
- 9 Five principles for quality counseling

# Encouraging Family Participation in Adolescent Decision Making



Strategies for working with parents/guardians and adolescents to encourage family participation



40 minutes



Slides 10-18



## Present Slide

## Facilitate

**10** Best practices for provider-adolescent communication

**11** Discussing confidentiality: sample language

**12** Best practices for provider-adolescent communication (cont.)

**13** Encouraging family participation: sample language

**14** Encouraging family participation: sample language

**15** When a parent accompanies an adolescent to the family planning clinic

**16** Counseling adolescent clients to encourage family participation video

### Activity:

- » Watch the video (approximately 6 minutes).

### Discussion:

- » How do the scenarios in the video relate to experiences you have had with clients?
- » What are some approaches you have found helpful for starting a conversation with adolescents about family participation?
- » What would you document in the client's record?
- » How would you explain to a parent that you need some time alone with their adolescent?

**17** Educational materials for parents

**18** Thank you!

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