

RECOGNIZE POSTPARTUM WARNING SIGNS

Ask:

“Are you pregnant, or have you been pregnant in the past 12 months?”

Watch for these warning signs:



Persistent headache
Changes in vision
Dizziness or fainting



Fever
Thoughts about hurting self or baby
Overwhelming fatigue



Significant swelling of hands or face



High blood pressure
Chest pain or rapid heart rate
Difficulty breathing



Swelling, redness, or pain in legs



Persistent, severe abdominal pain
Severe nausea and vomiting



These warning signs may indicate serious complications, which can occur up to 12 months after pregnancy. If a client experiences any of these warning signs, connect them with emergency care right away.

For more information, go to: [Urgent Maternal Warning Signs](#).
Source: [Alliance for Innovation on Maternal Health, ACOG](#).

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