

To expedite same-visit provision, these supplies for IUD and implant insertions and removals should be readily available (e.g., in the exam room, in a pre-assembled kit). You can adapt this list based on your clinical practices.

**Supplies for Insertion and Removal of Intrauterine Devices (IUDs) and Implants**

| **IUD Insertion** | **Implant Insertion** |
| --- | --- |
| Informed consent form for IUD insertion  IUD insertion instructions (see prescribing information for [ParaGard](https://hcp.paragard.com/), [Liletta](https://www.liletta.com/), [Mirena](https://www.mirena-us.com/), [Kyleena](https://www.kyleena-us.com/pi/),  or [Skyla](http://www.skyla-us.com/index.php))  Urine pregnancy test  IUD client education sheet  Device (ParaGard, Liletta, Mirena, Kyleena, or Skyla. Do not open until after sounding uterus.)  Drape  Chux for underneath buttocks  Speculum  Light source for speculum  Sterile gloves (non-sterile exam gloves sufficient if “no touch” technique is used)  Water-based lubricant  Sterile 4x4 gauze or cotton balls (or equivalent)  Povidone iodine or chlorhexidine (if iodine allergy)  Silver nitrate sticks (not mandatory)  Uterine sound; metal or plastic (sterile)  Tenaculum forceps (sterile)  Os finders  Long scissors (non-sterile is okay)  Sanitary pad | Informed consent form for implant insertion  Implant insertion instructions (see prescribing information for [Nexplanon](https://www.nexplanon.com/))  Urine pregnancy test  Implant client education sheet  Implant device (Nexplanon)  Sterile gloves  Chux for under arm  Povidone iodine or chlorhexidine (if iodine allergy)  Alcohol wipes  Cotton swabs  Local anesthetic 1-2% (5cc)  Long (1.5”) needle (22-27g)  Marker  Sterile 4x4 gauze  Scissors  Small adhesive bandage or Steri-strip  Bandage to wrap arm |

| **IUD Removal** | **Implant Removal** |
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| ***Standard Removal***  Informed consent form for IUD removal  IUD removal instructions (see prescribing information for [ParaGard](https://hcp.paragard.com/), [Liletta](https://www.liletta.com/), [Mirena](https://www.mirena-us.com/), [Kyleena](https://www.kyleena-us.com/pi/),  or [Skyla](http://www.skyla-us.com/index.php))  Speculum  Light source for speculum  Non-sterile gloves  Ring forceps  Sanitary pad  ***Additional Supplies for Removals  With No Visible Strings***  Single tooth tenaculum forceps (sterile)  Alligator forceps (sterile)  Thread retriever (sterile)  Ultrasound (not required) | Informed consent form for implant removal  Implant removal instructions (see prescribing information for [Nexplanon](https://www.nexplanon.com/))  Sterile gloves  Povidone iodine or chlorhexidine (if iodine allergy)  Alcohol wipes  Cotton swabs  Sterile 4x4 or 2x2 gauze  Local anesthetic 1-2% (5cc)  Long (1.5”) needle (22-27g)  Small bore needle (to inject) (e.g., 25 gauge)  Straight scalpel (#11-#15 blade)  1 straight and 1 curved mosquito forceps/hemostats (sterile)  Small adhesive bandage or Steri-strip  Bandage to wrap arm |

*Adapted from Unity Healthcare, Inc., Washington, DC.*



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For related tools and tips, see [Same-Visit Contraception: An Implementation Guide for Family Planning Providers](https://www.fpntc.org/resources/same-visit-contraception-implementation-guide-family-planning-providers)