

To expedite same-visit provision, these supplies for IUD and implant insertions and removals should be readily available (e.g., in the exam room, in a pre-assembled kit). You can adapt this list based on your clinical practices.

**Supplies for Insertion and Removal of Intrauterine Devices (IUDs) and Implants**

| **IUD Insertion** | **Implant Insertion** |
| --- | --- |
| [ ]  Informed consent form for IUD insertion[ ]  IUD insertion instructions (see prescribing information for [ParaGard](https://hcp.paragard.com/), [Liletta](https://www.liletta.com/), [Mirena](https://www.mirena-us.com/), [Kyleena](https://www.kyleena-us.com/pi/), or [Skyla](http://www.skyla-us.com/index.php))[ ]  Urine pregnancy test[ ]  IUD client education sheet[ ]  Device (ParaGard, Liletta, Mirena, Kyleena, or Skyla. Do not open until after sounding uterus.)[ ]  Drape[ ]  Chux for underneath buttocks [ ]  Speculum [ ]  Light source for speculum[ ]  Sterile gloves (non-sterile exam gloves sufficient if “no touch” technique is used)[ ]  Water-based lubricant[ ]  Sterile 4x4 gauze or cotton balls (or equivalent)[ ]  Povidone iodine or chlorhexidine (if iodine allergy)[ ]  Silver nitrate sticks (not mandatory)[ ]  Uterine sound; metal or plastic (sterile)[ ]  Tenaculum forceps (sterile)[ ]  Os finders[ ]  Long scissors (non-sterile is okay)[ ]  Sanitary pad | [ ]  Informed consent form for implant insertion[ ]  Implant insertion instructions (see prescribing information for [Nexplanon](https://www.nexplanon.com/))[ ]  Urine pregnancy test [ ]  Implant client education sheet [ ]  Implant device (Nexplanon)[ ]  Sterile gloves [ ]  Chux for under arm [ ]  Povidone iodine or chlorhexidine (if iodine allergy) [ ]  Alcohol wipes [ ]  Cotton swabs [ ]  Local anesthetic 1-2% (5cc)[ ]  Long (1.5”) needle (22-27g)[ ]  Marker[ ]  Sterile 4x4 gauze [ ]  Scissors[ ]  Small adhesive bandage or Steri-strip[ ]  Bandage to wrap arm |

| **IUD Removal** | **Implant Removal** |
| --- | --- |
| ***Standard Removal***[ ]  Informed consent form for IUD removal[ ]  IUD removal instructions (see prescribing information for [ParaGard](https://hcp.paragard.com/), [Liletta](https://www.liletta.com/), [Mirena](https://www.mirena-us.com/), [Kyleena](https://www.kyleena-us.com/pi/), or [Skyla](http://www.skyla-us.com/index.php))[ ]  Speculum [ ]  Light source for speculum [ ]  Non-sterile gloves [ ]  Ring forceps[ ]  Sanitary pad***Additional Supplies for Removals With No Visible Strings***[ ]  Single tooth tenaculum forceps (sterile)[ ]  Alligator forceps (sterile)[ ]  Thread retriever (sterile)[ ]  Ultrasound (not required) | [ ]  Informed consent form for implant removal[ ]  Implant removal instructions (see prescribing information for [Nexplanon](https://www.nexplanon.com/))[ ]  Sterile gloves [ ]  Povidone iodine or chlorhexidine (if iodine allergy)[ ]  Alcohol wipes [ ]  Cotton swabs [ ]  Sterile 4x4 or 2x2 gauze[ ]  Local anesthetic 1-2% (5cc)[ ]  Long (1.5”) needle (22-27g)[ ]  Small bore needle (to inject) (e.g., 25 gauge) [ ]  Straight scalpel (#11-#15 blade) [ ]  1 straight and 1 curved mosquito forceps/hemostats (sterile)[ ]  Small adhesive bandage or Steri-strip[ ]  Bandage to wrap arm |

*Adapted from Unity Healthcare, Inc., Washington, DC.*



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For related tools and tips, see [Same-Visit Contraception: An Implementation Guide for Family Planning Providers](https://www.fpntc.org/resources/same-visit-contraception-implementation-guide-family-planning-providers)