

Same-Visit Contraception: Implementation Strategies for Clinic Staff



How to Use This Guide	This guide is designed to support facilitation of an interactive discussion about Same-Visit Contraception: Implementation Strategies for Clinic Staff . This discussion guide is part of Same-Visit Contraception: An Implementation Guide for Family Planning Providers . Facilitators should feel free to adapt and revise this guide.
Learning Objectives	By the end of the discussion, participants should be able to: <ul style="list-style-type: none"> » Describe why it is important to offer methods during the same visit initially requested by the client (i.e., same-visit) » Discuss the clinic's policy regarding clients being able to obtain their method of choice same-visit, and when they may not » Identify strategies to increase client access to methods same-visit
Length	At least 90 minutes , with more time for discussion as schedules allow.
Materials	<ul style="list-style-type: none"> » Same-Visit Contraception: An Implementation Guide for Family Planning Providers: A guide to support provision of contraception during the same visit the client first requests contraception. » PowerPoint Slides with Notes: Slides with speaker notes and discussion questions » Speakers: To play videos during the session.
Format	This discussion is designed to be conducted in person .
Suggested Participants	Family planning clinic staff . These slides are meant to be presented by a Title X grantee, Title X clinic manager, or other clinic staff motivated to provide same-visit contraception at a clinic.
Before You Start...	Facilitators should review and be familiar with the tools and resources outlined in Same-Visit Contraception: An Implementation Guide for Family Planning Providers .



For related tools and tips, see [Same-Visit Contraception: An Implementation Guide for Family Planning Providers](#)



Same-Visit Contraception: Implementation Strategies for Clinic Staff



Introduction to Same-Visit Contraception



10 minutes



Slides 1-5



Present Slide

Facilitate

- | | | |
|----------|---|---|
| 1 | Same-Visit Contraception: Implementation Strategies for Clinic Staff | Activity:
» Conduct participant and facilitator introductions. |
| 2 | Meeting objectives | |
| 3 | Contraceptive Access Change Package | |
| 4 | Defining same-visit access | |
| 5 | Initiating Long-Acting Contraceptive Methods Same-Visit: The Provider Perspective Video | Activity:
» Watch this four-minute video to hear from several clinicians who provide methods same-visit. |

Importance of Providing Same-Visit Contraception



10 minutes



Slides 6-13



Present Slide

Facilitate

- | | | |
|-----------|---|--|
| 6 | Rationale for same-visit access | |
| 7 | Quick Start Algorithm | |
| 8 | How to be reasonably certain a client is not pregnant (CDC) | |
| 9 | When to start using specific contraceptive methods (CDC) | |
| 10 | Examinations or tests needed before initiation (CDC) | |
| 11 | Additional visits are a barrier for clients | |

Same-Visit Contraception: Implementation Strategies for Clinic Staff



12 Clients are busy

13 Client satisfaction

Clinic Policy for Providing Methods Same-Visit



5 minutes



Slides 14-15



Present Slide

Facilitate

14 Our policy

15 Our policy (cont.)

Discussion of Challenges and Implementation Strategies



25 minutes



Slides 16-21



Present Slide

Facilitate

16 What methods are available same-visit?

Discussion:

- » What methods are we currently able to provide same-visit?

17 Why is it challenging to offer some
methods same-visit?

Discussion:

- » What makes it challenging to offer some methods same-visit?

18 Domains of same-visit contraception
implementation

19 Stock devices and make supplies readily
available

Discussion:

- » Which of these strategies do we already do?
- » Which strategies are we not already doing? How can we go about implementation?

20 Adjust systems for efficient and sustainable
service delivery

Discussion:

- » Which of these strategies do we already do?
- » Which strategies are we not already doing? How can we go about implementation?

21 Engage, train, and support all staff

Discussion:

- » Which of these strategies do we already do?
- » Which strategies are we not already doing? How can we go about implementation?

Same-Visit Contraception: Implementation Strategies for Clinic Staff



Same-Visit Contraception Implementation Plan

 20 minutes  Slides 22-23

 Present Slide

Facilitate

22 Brainstorm improvement ideas

Discussion:

- » What are we trying to accomplish? What is our goal?
- » How will we know (i.e., measure) that a change is an improvement?
- » What changes will lead to improvement?

23 Implementation plan

Discussion:

- » Select 3–4 implementation strategies from the brainstorm and begin to fill out the implementation plan, including who will do what, by when, and how.

Success Stories & Lessons Learned From the Field

 15 minutes  Slide 24

 Present Slide

Facilitate

24 Case study videos

Activity:

- » Watch one or more of three case study videos (each about five minutes). In the videos, staff at family planning clinics talk about some of the challenges they encountered when they began providing methods same-visit, and how they overcame those challenges.

Discussion:

- » How are we feeling about offering methods same-visit?
- » How has hearing from other sites in the case study videos impacted any fears or reservations we have?

Conclusion

 5 minutes  Slides 25-26

 Present Slide

Facilitate

25 We're not alone!

26 Thank you!