

Summary of Screening, Brief Intervention and Referral to Treatment (SBIRT) Tools



This job aid can help Title X grantees and their networks implement the Screening, Brief Intervention, and Referral to Treatment (SBIRT) model in their family planning visits. This tool summarizes validated screening tools that Title X family planning agencies may consider using when screening for substance use. The table below identifies the tool, the number of questions, the substances the tool addresses, and how the screening can be administered.

	Screening Tool	# of Questions	Substances Addressed	Self-administered	Face-to-face Interview
For use with pregnant women	ASSIST-2 (Alcohol, Smoking, and Substance Involvement Screening Test)	2	Tobacco, Alcohol, Drugs, Inhalants	✓	✓
	PRO (Prenatal Risk Overview-Drug Use)	3	Drugs		✓
For use with adults	Single-item Drug Frequency	1	Illegal Substances and Prescription Medication	✓	✓
	SUBS (Substance Use Brief Screen)	4	Tobacco, Alcohol, Drugs, Prescription Medications	✓	
	TAPS-1 (Tobacco, Alcohol, Prescription medication, and other Substance use)	4	Tobacco, Alcohol, Illegal Drugs (including cannabis), Prescription Medications	✓	✓
	ASSiST-Drug (Alcohol Smoking and Substance Involvement Screening Test Drug)	2	Drugs		✓
	DAST-2 (Drug Abuse Screening Test)	2	Drugs		✓
	DAST-10 (Drug Abuse Screening Test)*	10	Drugs	✓	✓
	PSQ (Parent Screening Questionnaire)	2	Alcohol and Drugs	✓	
	Single Item HED (heavy episodic drinking) Frequency	1	Alcohol		✓

*This tool can be used with pregnant women.

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	Screening Tool	# of Questions	Substances Addressed	Self-administered	Face-to-face interview
For use with adolescents	BSTAD (Brief Screener for Tobacco, Alcohol, and other Drugs)	6	Tobacco, Alcohol, Drugs	✓	✓
	Single-item Cannabis Frequency	2	Cannabis	✓	✓
	ASSIST-life (Alcohol, Smoking, and Substance Involvement Screening Test Life [for cannabis])	3	Cannabis		✓
	CAST (Cannabis Abuse Screening Test)	6	Cannabis	✓	✓
	CRAFFT (Car, Relax, Alone, Forget, Friends, Trouble)	6	Alcohol and Drugs	✓	✓
	POSIT (Problem Oriented Screening Instrument for Teenagers, substance use and abuse subscales)	17	Alcohol and Drugs		✓
	SDS (Severity Dependency Scale)	5	Cannabis	✓	
	AUDIT-C (Alcohol Use Disorders Identification Test Consumption)**	3	Alcohol	✓	✓
	AUDIT (Alcohol Use Disorder Identification Test)**	10	Alcohol	✓	✓
	NIAAA Youth Screen (National Institute on Alcohol Abuse and Alcoholism Screening Guide)**	2	Alcohol		✓
CAGE-AID	5	Alcohol and Drugs		✓	

**This tool can be used with adults or adolescents.

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