

## Address Common Concerns for Providing Long-Acting Reversible Contraception (LARC) to Adolescents

<b>How to Use This Guide</b>	<p>This guide is designed to support facilitation of an interactive learning session on how to <b>Address Common Concerns for Providing Long-Acting Reversible Contraception (LARC) to Adolescents</b>.</p> <p>Facilitators should feel free to adapt and revise this guide. Facilitators may choose to:</p> <ul style="list-style-type: none"> <li>» Convene staff from one or more clinics for a standing meeting (e.g., monthly) to discuss each Best Practice (in order or as needed) from the Contraceptive Access Change Package. <i>(See other Best Practice discussion guides.)</i></li> <li>» Convene a one-time meeting with clinic staff about this topic.</li> </ul>
<b>Learning Objectives</b>	<p>By the end of the discussion, participants should be able to:</p> <ul style="list-style-type: none"> <li>» <b>Describe trends in LARC demand, utilization, continuation, and satisfaction among adolescents</b></li> <li>» <b>Use data and evidence-based guidelines to address common concerns about providing LARC to adolescents seeking contraception</b></li> </ul>
<b>Length</b>	<p>At least <b>60 minutes</b>, with more time for discussion as schedules allow. Example discussion questions are provided; facilitators can use them based on participant interest.</p>
<b>Materials</b>	<ul style="list-style-type: none"> <li>» <b>Contraceptive Access Change Package:</b> Summary of evidence-based recommendations for increasing access to contraceptive methods, strategies, case studies, tools, and resources</li> <li>» <b>PowerPoint Slides with Notes:</b> Slides with speaker notes and discussion questions</li> <li>» <b>Speakers:</b> To play video: <a href="https://vimeo.com/149185647">https://vimeo.com/149185647</a></li> </ul>
<b>Format</b>	<p>Discussions can be facilitated <b>virtually or in person</b>.</p>
<b>Suggested Participants</b>	<p><b>Staff from one or more family planning clinics.</b> Involving multiple sites can facilitate peer-to-peer sharing. Having representation from clinical, administrative, and financial staff can help address system issues.</p>

# Address Common Concerns for Providing Long-Acting Reversible Contraception (LARC) to Adolescents

Orientation to Session Topic and Objectives



10 minutes



Slides 1-7



Present Slide

Facilitate

**1** Address Common Concerns for Providing Long-Acting Reversible Contraception (LARC) to Adolescents

Activity:

- » Conduct participant and facilitator introductions.

**2** Meeting objectives

**3** Rationale for addressing concerns related to providing LARC to adolescents

**4** Trends in LARC use, by age

**5** In Title X, adolescents have higher utilization of most- and moderately-effective methods (compared to older patients)

**6** In Title X, adolescents have lower utilization of LARC (compared to older patients)

**7** Missed opportunities to discuss methods with adolescents

Concerns about Providing LARC to Adolescents



5 minutes



Slides 8-9



Present Slide

Facilitate

**8** Concerns about adolescents and LARC

Discussion:

- » What are some concerns you have/hear among clinicians when it comes to offering or providing LARC to adolescents?

**9** Common concerns/questions

# Address Common Concerns for Providing Long-Acting Reversible Contraception (LARC) to Adolescents

Addressing Common Concerns with Data



35 minutes



Slides 10-27



Present Slide

Facilitate

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**10** Safety: ACOG 2012 Committee Opinion

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**11** Safety: CDC 2016 Medical Eligibility Criteria

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**12** Safety: American Academy of Pediatrics 2014 Policy Statement

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**13** Historical concern for pelvic inflammatory disease (PID): Dalkon Shield

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**14** LARC methods are safe for adolescents

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**15** Adolescents are interested in LARC

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**16** The contraceptive implant is popular among adolescents

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**17** Insertion is not more challenging with adolescents

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**18** Expulsions are uncommon in adolescents

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**19** Do not need to wait for STI screening results before initiating LARC

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**20** Continuation rates of LARC are high

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**21** Continuation rates of LARC are high (continued)

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**22** Adolescents have high LARC continuation rates

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## Address Common Concerns for Providing Long-Acting Reversible Contraception (LARC) to Adolescents

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**23** Reasons for discontinuation

Activity:

- » Watch this video case study of the Arizona Family Health Partnership, and see what they learned about their discontinuation rates (*8 minutes*)

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**24** Reasons for discontinuation/continuation

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**25** LARC users are highly satisfied with their methods

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**26** Adolescents are highly satisfied with LARC methods

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**27** Summary of how to address common concerns/questions about adolescents and LARC

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Reflection and Conclusion

 5 minutes

 Slides 28-29

 Present Slide

Facilitate

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**28** Closing and reflection

Discussion:

- » What in the data was surprising?
- » How will you use these data to address common concerns/questions about adolescents and LARC?
- » What other questions do you have?

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**29** Thank you