

Contraceptive Access in Family Planning Settings*Introduction to the Contraceptive Access Change Package*

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| How to Use This Guide | <p>This guide is designed to support facilitation of an interactive learning session about Contraceptive Access in Family Planning Settings: Introduction to the Contraceptive Access Change Package, whose purpose is to drive improvement on the contraceptive care performance measures.</p> <p>Facilitators should feel free to adapt and revise this guide. Facilitators may choose to:</p> <ul style="list-style-type: none"> » Convene staff from one or more clinics for a standing meeting (e.g., monthly) to discuss each Best Practice (in order or as needed) from the Contraceptive Access Change Package. <i>(See the Best Practice discussion guides.)</i> » Convene a one-time meeting with clinic staff about this topic. |
| Learning Objectives | <p>By the end of the discussion, participants should be able to:</p> <ul style="list-style-type: none"> » Define the best practice recommendations for increasing access to the full range of contraceptive methods outlined in the Contraceptive Access Change Package » Describe one tool available to help calculate and track the contraceptive care performance measures » Describe three strategies for improving performance on the contraceptive care performance measures |
| Length | <p>At least 60 minutes, with more time for discussion as schedules allow. Example discussion questions are provided; facilitators can use them based on participant interest.</p> |
| Materials | <ul style="list-style-type: none"> » Contraceptive Access Assessment: Site-level assessment to identify strengths and areas of opportunity to increase access to contraceptive methods » Contraceptive Access Change Package: Summary of evidence-based recommendations for increasing access to contraceptive methods, strategies, case studies, tools, and resources » PowerPoint Slides with Notes: Slides with speaker notes and discussion questions » Quality Improvement Tools (printed), including: <ul style="list-style-type: none"> » Contraceptive Care Performance Measure Calculator (completed in advance) » Prioritization Matrix |
| Format | <p>Discussions can be facilitated virtually or in person.</p> |

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Suggested Participants

Staff from one or more family planning clinics. Involving multiple sites can facilitate peer-to-peer sharing. Having representation from clinical, administrative, and financial staff can help address system issues.

Before you start...

- » Participants should **complete the Contraceptive Access Assessment** and bring their completed assessments to the meeting. If this is not possible, the facilitator should provide printed assessments and an additional 10-15 minutes for participants to complete them during the meeting.
- » Participants should **calculate site-level performance** on the contraceptive care performance measures using the Contraceptive Care Performance Measure Calculator (if needed).

Contraceptive Access in Family Planning Settings
Introduction to the Contraceptive Access Change Package

Orientation to Meeting and Introduction to Access to Contraception



10 minutes



Slides 1-9



Present Slide

Facilitate

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| <p>1</p> | <p>Contraceptive Access in Family Planning Settings: Introduction to the Contraceptive Access Change Package</p> | <p>Activity:</p> <ul style="list-style-type: none"> » Conduct participant and facilitator introductions. |
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| <p>2</p> | <p>Meeting objectives</p> | |
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| <p>3</p> | <p>Why is contraceptive access important for patients?</p> | |
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| <p>4</p> | <p>Why is contraceptive access important for communities?</p> | |
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| <p>5</p> | <p>Effectiveness of family planning methods</p> | |
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| <p>6</p> | <p>National Quality Forum-endorsed contraceptive care measures</p> | |
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| <p>7</p> | <p>Contraceptive Care Performance Measure Calculator</p> | <p>Activity:</p> <ul style="list-style-type: none"> » Fill out or refer to participants' performance measure data. Ask them to calculate performance measures ahead of time. <p>Discuss:</p> <ul style="list-style-type: none"> » Is your current performance measure data surprising to you? » What access issues do the data indicate? |
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| <p>8</p> | <p>What are your performance measure goals?</p> | |
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| <p>9</p> | <p>Track progress monthly</p> | |
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Contraceptive Access in Family Planning Settings
Introduction to the Contraceptive Access Change Package

Discussion of Barriers to Contraceptive Access



15 minutes



Slides 10-11



Present Slide

Facilitate

10 Contraceptive Access Assessment

Activity:

- » Participants will fill out or refer to the Contraceptive Access Assessment tool. Ask participants to fill out ahead of time, or provide 10-15 minutes to fill it out during the session.

11 Discussion of barriers to contraceptive access

Discussion:

- » Using the results of the contraceptive access assessment, what practices are you doing most frequently? Least frequently?
- » What are the patient barriers to obtaining a method of contraception?
- » What are the facility barriers to providing patients the method of their choice?

Orientation to the Contraceptive Access Change Package



15 minutes



Slides 12-17



Present Slide

Facilitate

12 Overview of the Contraceptive Access Change Package

13 Best practice recommendations

14 Best Practice 1. Stock a broad range of contraceptive methods including all provider-dependent FDA-approved methods

15 Best Practice 2. Discuss pregnancy intention and support patients through evidence-informed, patient-centered counseling

16 Best Practice 3. Develop systems for same-visit provision of all contraceptive methods, at all visit types

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- 17** Best Practice 4. Utilize diverse payment options to reduce cost as a barrier for the facility and the patient

Ideas for Increasing Access to Contraception



15 minutes



Slide 18



Present Slide

Facilitate

- 18** Brainstorm ideas for increasing contraceptive access

Activity:

- » Brainstorm ideas that should contribute to the achievement of your outcome: increased access to most- and moderately-effective methods, and LARC methods. Plot ideas on the Prioritization Matrix. Note: Team(s) should work together on this activity. If more than one site is participating in the discussion, encourage staff from the same site to work together. If only one site is participating in the discussion, everyone can work together.

Discussion:

- » What are your high-impact and low-effort change ideas?

Next Steps and Conclusion



5 minutes



Slides 19-21



Present Slide

Facilitate

- 19** The QI team

- 20** Next steps

Discussion:

- » What are your next steps?
- » When will you meet next?

- 21** Thank you