

Encouraging Family Participation in Adolescent Decision Making



How to Use This Guide	This guide is designed to support facilitation of an interactive discussion about Encouraging Family Participation in Adolescent Decision Making . Facilitators should feel free to adapt and revise this guide. Facilitators may choose to convene a one-time meeting with clinic staff about this topic or include this as part of larger training efforts.
Learning Objectives	By the end of the discussion, participants should be able to: <ul style="list-style-type: none"> » Describe the Title X requirement for encouraging family participation in the decision of minors to seek family planning services » List the benefits of encouraging family participation for minors » Describe strategies for working with parents/guardians and adolescents to encourage family participation, including sample statements providers can use » Identify resources on how to promote communication strategies between an adolescent and parent/guardian
Length	At least 60 minutes , with more time for discussion as schedules allow.
Materials	<ul style="list-style-type: none"> » PowerPoint Slides with Notes: Slides with speaker notes, activities, and discussion questions » Counseling Adolescent Clients to Encourage Family Participation Video: This video demonstrates how to encourage family participation in an adolescent client's decision to seek family planning services » Speakers: To play videos during the session
Format	This discussion is designed to be conducted virtually or in person .
Suggested Participants	Administrative, clinical, and all project personnel
Before You Start...	Facilitators should review the PowerPoint Slides and the Counseling Adolescent Clients to Encourage Family Participation Video .



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Introducing the Title X Requirement for Encouraging Family Participation



10 minutes



Slides 1-5



Present Slide

Facilitate

- 1 Encouraging Family Participation in Adolescent Decision Making—Updated October 2019
- 2 Learning objectives
- 3 Title X Statute SEC. 1001(a)
- 4 Legislative mandate
- 5 Annual training on family participation

Benefits of Encouraging Family Participation for Minors



10 minutes



Slides 6-9



Present Slide

Facilitate

- 6 Why family participation is important
- 7 Why family participation is important (cont.)
 - Discussion:**
 - » What are some other reasons family participation is important?
- 8 QFP recommendations
- 9 Five principles for quality counseling

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Strategies for working with parents/guardians and adolescents to encourage family participation



40 minutes



Slides 10-18



Present Slide

Facilitate

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- 10** Best practices for provider-adolescent communication
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- 11** Discussing confidentiality: sample language
-
- 12** Best practices for provider-adolescent communication (cont.)
-
- 13** Encouraging family participation: sample language
-
- 14** Encouraging family participation: sample language
-
- 15** When a parent accompanies an adolescent to the family planning clinic
-
- 16** Counseling adolescent clients to encourage family participation video
-
- 17** Educational materials for parents
-
- 18** Thank you!

Activity:

- » Watch the video (approximately 6 minutes).

Discussion:

- » How do the scenarios in the video relate to experiences you have had with clients?
- » What are some approaches you have found helpful for starting a conversation with adolescents about family participation?
- » What would you document in the client's record?
- » How would you explain to a parent that you need some time alone with their adolescent?

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